



# FRONTENAC YOUTH SERVICES

## Spring Newsletter



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March 2010

### ACCREDITATION UPDATE

The agency has once again gone through the Accreditation process with Children's Mental Health Ontario. Accreditors from Sudbury, Hamilton and Ottawa were at our agency on January 26, 27, and 28 and I am happy to announce that they have recommended to CMHO that we pass accreditation.

I just want to take this opportunity to thank all the staff and Board of Directors who worked so hard for so many months on this process as well as our community partners who participated in the CMHO survey. Also, thanks to the individuals who were involved with the parent interviews. Well done everyone!

Now that the time-consuming Accreditation process is completed, the agency's Strategic Plan for short and long terms goals will be the focus for the Board of Directors and staff. Board members will be working with management and front line workers, conducting focus groups in order to formulate the next steps in the progression of our agency. Jansen Consultants will be helping to guide us through this process in fall 2010.

I also want to inform our community agencies that as of February 12, Kimberley Boyle (Senior Clinician) has left the agency to pursue other opportunities. Kimberley has been with Frontenac since February 1993 and will be missed by all. We wish her the best of luck in her future endeavours.

**Margaret Crow**  
**Executive Director**

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### Quoteable Quotes

A dream doesn't become reality through magic; it takes sweat, determination and hard work.

**Colin Powell**

The small act of paying attention can take you a long way.

**Keanu Reeves**

Always keep an open mind and compassionate heart.

**Phil Jackson**

If you don't like the road you're walking, start paving another one.

**Dolly Parton**

All great achievements require time.

**Maya Angelou**

Change is the law of life. And those who look only to the past or present are certain to miss the future.

**John F. Kennedy**

### WE'RE SEARCHING FOR VOLUNTEERS

The Board of Directors is always looking for volunteers to either become members or help with fundraising issues. If you would like to help out, become a member or know of someone who might be interested, please check out web site at: [www.frontenacyouthservices.org](http://www.frontenacyouthservices.org) and click on "Get Involved" for more information.



### HOLIDAY GENEROSITY



A special thank you to the Police Toy Drive for supplying gifts and food for our clients and families in need over the holiday season. The generosity of businesses and individual donations ensured that those recipients had a happy holiday season.



### RESIDENTIAL NEWS



**Frontenac**– Frontenac Residence has undergone a number of changes since the last newsletter. The City of Oshawa planted a new “Autumn Blaze” maple tree to replace the 50 year old ash tree that was lost in a summer wind storm last year. We hope the maple foliage lives up to its name.

All the residents had a successful holiday season. For the first time in recent memory, all residents were able to spend at least some time over Christmas and New Years with their families. This break was welcomed by both the youth as well as the staff at the residence.

Staff are currently involved in programming for the March break. A number of days trips are planned in and around the residence. With the nice weather upon us, the staff plan on doing as many outdoor activities as possible. The group already participated in the maple syrup festival at Purple Woods. I heard that the pancakes were excellent!

**Dave Cox, Program Manager**

**Marta**-Marta Residence had another successful open house at Christmas this past season, Thanks to all the staff who worked so hard to make it a success.

A special thanks to Dawn, our student placement, for all the work she has done in completing summer programming. Activities for the upcoming summer months will include the Purple Woods, The Toronto Zoo, hiking and we are also planning our second camping trip.

**Sandy MacNeil, Program Manager**

**Watersdown**—Watersdown Residence had another successful Open House in December 2009; approximately \$850.00 was raised towards programming for the youth. We recently decided to purchase a Nintendo Wii/Fit for the program. Thanks to everyone who donated items and came out to support us during this event. We anticipate another Open House in December 2010.

The clients had a great time watching the Olympics and participating in some internal activities/programming around the Olympic theme. We are now in the progress of gearing up for March break. A busy schedule has been prepared for the clients including a trip to IMAX, Lego Land, swimming and bowling.

**Wendy Rechanicz, Program Manager**



### CONGRATULATIONS



**Frontenac would like to congratulate the following staff:**

**Jennifer Chapman 5 Years Service March 2**

**Tammy McConkey 5 Years Service March 7**

### INTENSIVE CRISIS UPDATE

In January it was the two year anniversary of the joint partnership with Durham Mental Health Services, Chimo Youth and Family Services and Kinark Child and Family Services for the Durham Region Crisis Response Program. There are plans to evaluate the program and obtain feedback from community agencies and clients in order to improve the services provided.



Everyone's hard work has paid off and we passed Accreditation! A special thanks to Diane for keeping everyone focused and meeting deadlines, not to mention her months, days and hours of endless organization and hard work.

**Jill Wantola, Clinical Supervisor**

### DAY TREATMENT PROGRAM

Since the last newsletter there have been many changes. Students have moved on to integrated programs or have successfully returned to their community schools.

The changing economic times have placed financial pressures on the Boards of Education and consequently Frontenac Youth Services is starting the process of developing plans so our day program can better service the academic community's growing needs. The agency will be working in partnership with the Boards of Education and with the community to develop and modify our day programs. We hope these

changes will be achieved by September.

The overall goal will continue to better service more students in a timely and efficient manner.



**Dan Hogan, Program Manager**

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